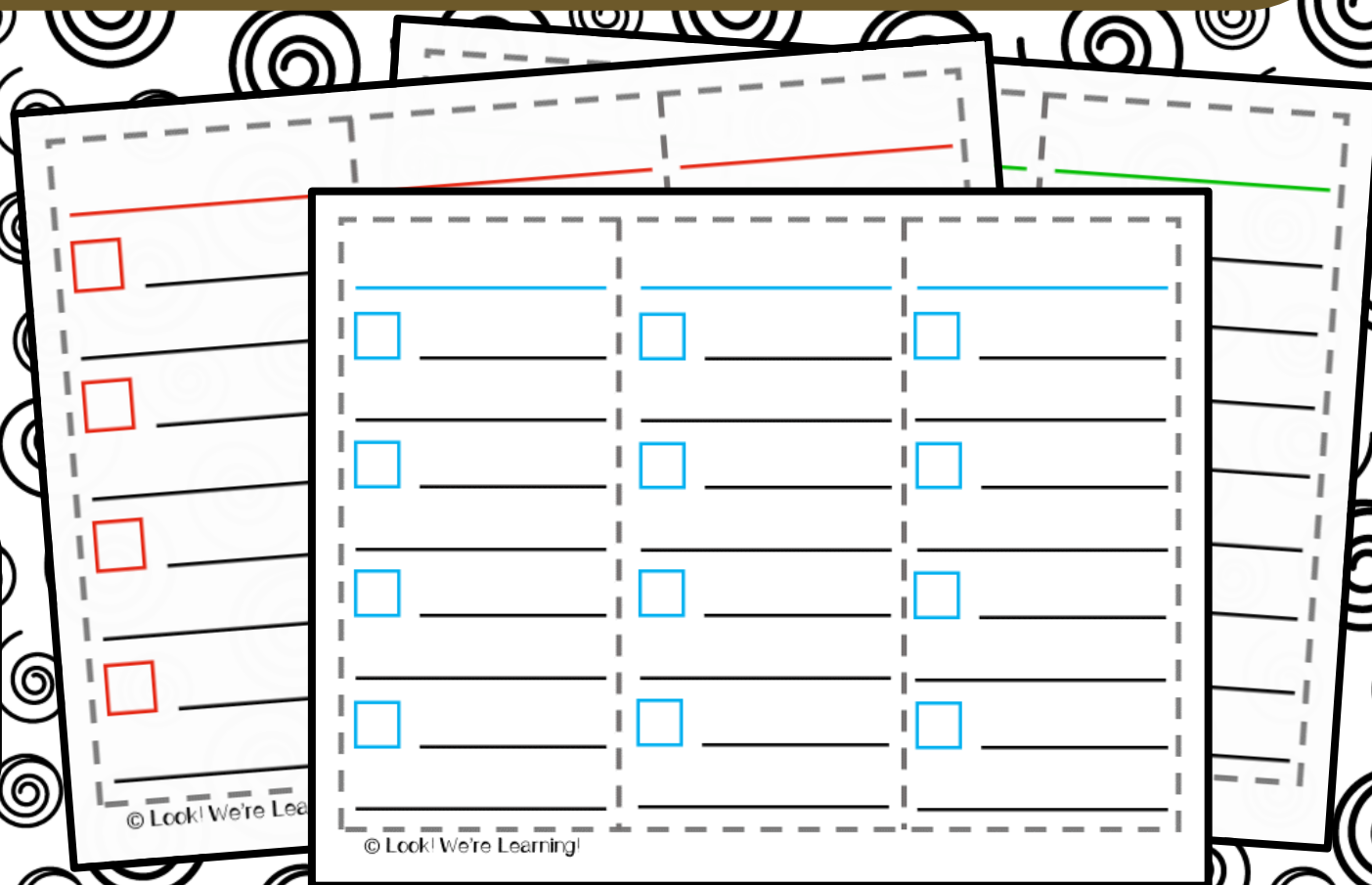


FOCUS FRIENDS!

Printable Daily Checklists
for Kids



Created by
Look! We're
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Graphics by [Teaches Third in Georgia](#), [Sonya Dehart Design](#), and the generous authors at [OpenClipArt.org](#)

INSTRUCTIONS

Use these printable daily checklists to help kids with ADHD stay focused on what they need to accomplish each day!

You can print as many of these sheets as you need. Write the date or day at the top. Then cut the strips apart and hand them out one at a time to help kids keep from getting overwhelmed!

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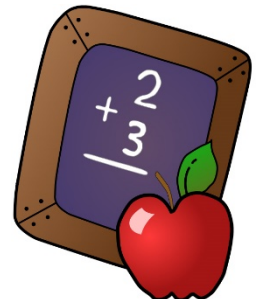
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I hope you love using these with your kids!

Looking for more ADHD resources?
Check out these posts!

- [Creating a Daily Routine for ADHD Kids](#)
- [15 ADHD Homeschool Schedule Ideas](#)
- [Tips for Managing ADHD Mornings](#)
- [How to Homeschool Kids with ADHD](#)





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